

Community Support Available (Pages 1 of 2)

CORONAVIRUS HELP AT HAND



Acts of Kindness

Shopping for essentials
Prescriptions, friendly chats & dog walking

☎ 07766 521314

✉ ActsofKindnessTeam@outlook.com



One Community

Volunteering opportunities

☎ 01329 239934

✉ vss@1community.org.uk



Waypoint Church (Western Wards)

Shopping for essentials
Prescriptions and activity packs
Friendly chats & dog walking

☎ 07934 726212

✉ help@waypointchurch.org.uk



Community First

Medical appointment transport
Shopping for essentials
Prescriptions

☎ 0300 500 8085

✉ support@cfirst.org.uk

🌐 www.cfirst.org.uk

Contact **Citizens Advice** for help and support across a range of issues including Food Bank enquiries
☎ 03444 111306 or 01329 223117 🌐 public.citafareham.org/advice

If you have received an NHS letter saying you are considered extremely vulnerable,
please register for help if you need it. **The contact details are in your letter.**

For all other enquiries:

✉ leisure@fareham.gov.uk ☎ 01329 236100 🌐 fareham.gov.uk/coronavirus

If you know anyone in Fareham who is isolated and vulnerable, **please share this information**

Community Support Available (Pages 2 of 2)

NHS Volunteer Responders Support

NHS Volunteer Responders can help individuals with tasks such as:



Community Response volunteer: This role involves collecting shopping, medication or other essential supplies for someone who is self-isolating, and delivering these supplies to their home.



Patient Transport volunteer: This role supports the NHS by providing transport to patients who are medically fit for discharge, and ensuring that they are settled safely back in to their home.



NHS Transport volunteer: This role involves transporting equipment, supplies and/or medication between NHS services and sites, it may also involve assisting pharmacies with medication delivery.



Check-in and Chat volunteer: This role provides short-term telephone support to individuals who are at risk of loneliness as a consequence of self-isolation.



For support please call 0808 196 3382